

Broughton Sports Information

Wristbands for winter sports tryouts can be picked up during 2nd lunch and after school from 2:30-3:30 on Wednesday, October 18 and Thursday, October 19 in the front lobby of the Holliday Gym. Please be sure to have your dragonfly account set up and updated at that time. Email Coach Minger (aminger@wcpss.net) or Mrs. Daniels (kldaniels@wcpss.net) after you update physical and medical eligibility forms so they can be approved.

If you are unable to get a wristband at one of these times, you will need to report to the front lobby of the Holliday Gym prior to tryouts on October 30.

Athletes must have a completed, up to date Dragonfly account to participate in off season workouts and/or tryout for a team.

Click [HERE](#) if you need to create a dragonfly account.

Click [HERE](#) for the Broughton High School Coaches Directory. Please feel free to reach out to coaches directly, should you have any additional questions.

You can also check each teams webpage at broughtonathletics.com for information

Baseball:

- Off season workouts are being held Tuesdays, Wednesdays, and Thursdays from 2:45-4:15. Please contact Coach Morton (jmorton@wcpss.net)
- Tryouts will begin Wednesday, February 14th, 2024

Women's Basketball:

- Women's basketball has started off season workouts.
- Tryouts will begin Monday, October 30th.
- Please contact Coach Reynolds for more information (capsgirlshoops@gmail.com)

Men's Basketball:

- Men's basketball has started off season workouts.
- Tryouts will begin Monday, October 30th.
- Please contact Coach Coleman for more information (cwcoleman03@gmail.com).

Cheerleading:

- Tryouts are usually held late July/beginning of August. We will update once the date has been confirmed by the NCHSAA
- Summer workouts will be posted here once determined for summer 2024.
- Please contact Coach Elvers (elversmargaret@gmail.com) with any questions.

Cross Country (Men's and Women's):

- Tryouts are usually held late July/beginning of August. We will update once the date has been confirmed by the NCHSAA
- Summer workouts will be posted here once determined for summer 2024.
- Please contact Coach Christian (dchristian@wcpss.net) with any questions.

Volleyball:

- Tryouts are usually held late July/beginning of August. We will update once the date has been confirmed by the NCHSAA
- Summer workouts will be posted here once determined for summer 2024.
- Please contact Coach Willis (Inicolewillis@gmail.com) with any questions

Football:

- Tryouts are usually held late July/beginning of August. We will update once the date has been confirmed by the NCHSAA
- Summer workouts will be posted here once determined for summer 2024.
- Please contact Coach McGuire (tmcguire2@wcpss.net) with any questions.

Women's Golf:

- Tryouts are usually held mid-August. We will update once the date has been confirmed for 2024
- Please contact Coach Smith (ssmithins@gmail.com) with any questions.

Men's Golf:

- Men's golf is a spring sport
- We will post tryout dates once determined
- Please contact Coach Smith (ssmithins@gmail.com) with any questions

Women's Lacrosse:

- Women's lacrosse will be holding fall workouts on Tuesdays and Wednesdays in October, from 3-4pm
- Tryouts will begin Wednesday, February 14th, 2024
- Please contact Coach Yoder (jeYoder@wcpss.net) with any questions

Men's lacrosse:

- Men's lacrosse is holding off season workouts on Monday's and Tuesdays from 3-4pm at upper fletcher park (across from Broughton).
- Tryouts will be held Wednesday, February 14th, 2024
- Please contact Coach Ancona (rancona3@gmail.com) with any questions

Women's Soccer:

- Please see the [Women's Soccer Newsletter](#) for more information and upcoming off season training
- Tryouts will begin Wednesday, February 14, 2024
- Please contact Coach Demby (Idemby@wcpss.net) with any questions

Men's Soccer:

- Please see the [Men's Soccer Page](#) for more information
- Tryouts are usually held late July/beginning of August. We will update once the date has been confirmed by the NCHSAA
- Summer workouts will be posted here once determined for summer 2024.
- Please contact Coach Cantrell (mcantrell.caps@gmail.com) with any questions.

Softball:

- Off season workouts will be held Tuesdays, and Thursdays from 2:45-4:00 at Oakwood Park beginning Sep 26, 2023
- There will be a parent and athlete meeting on Tuesday, September 19th at 2:45 in the Broughton Cafeteria
- Tryouts will begin Wednesday, February 14th, 2024
- Please Contact Coach Troxell (ltroxell@wcpss.net) for more information.

Stunt:

- A stunt interest meeting and off season workouts will be posted once finalized
- Stunt is a spring sport and tryout dates will be posted once finalized
- Please contact Coach Omer (komer@wcpss.net) for more information

Swimming and Diving:

- **Preseason Meeting: Wednesday, September 27 @ 5:30 PM in the cafeteria.**
Athletes & parents/guardians should plan to attend.

- Tryouts: Oct. 30, 31, & Nov. 2 @ Pullen Pool; 5:30 AM
 - Tryout Requirements:
 - Swim 500 Freestyle without stopping
 - Swim all four strokes legally
 - Legal flip turns
 - Swim 100 freestyle in under 1:20 (women)/ 1:15 (men)
 - Practices: 5:30-6:30 AM at Pullen Pool (swim)

Women's Tennis:

- Tryouts are usually held late July/beginning of August. We will update once the date has been confirmed by the NCHSAA
- Summer workouts will be posted here once determined for summer 2024.
- Please contact Coach Williams (hbwiliams2013@gmail.com) with any questions

Men's Tennis:

- Tryouts will be held Wednesday, February 14th, 2024
- Please contact Coach Mann (mann@manningfulton.com) with any questions

Track-Indoor:

- Indoor Track is a winter sport.
- Tryout dates will be posted here once determined
- Please contact Coach Christian (dchristian@wcpss.net) with any questions

Track-Outdoor

- Outdoor Track is a spring sport.
- Practice begins Wednesday, February 14th after school on the track
- Please contact Coach Christian (dchristian@wcpss.net) with any questions

Wrestling:

- Wrestling is holding off-season on Tuesdays and Thursdays from 3:30-5pm

- Please meet in the wrestling room, located in the basement of the small gym
- Wrestling tryouts begin October 30, 2023.
- Please contact Coach Blumell (cblumell@gmail.com) for more information